

Solfeggio Scale Tune-Ups

Hildegard von Bingen and her sister choral singers made a big impression on the Catholic church of her time. They sang in a scale called Solfeggio; it has since fallen out of popularity. However, the intrinsic power of her lyrical, mystical music was so great that the Church banned the entire scale in which it was written.

What could be so objectionable about a scale?

Perhaps it was because the six-note Solfeggio scale does not feel closed at the top as do more standard scales. Instead, it opens the mind with an up-lifting sensation. Perhaps it was because every tone in this scale precisely resonates with a particular type of tissue within the human body so that the vibration of the note itself immediately initiates regeneration of that tissue, producing seemingly miraculous healings—something that only male doctors should be allowed to do, not mere chanting women. Even more significantly, this scale has the capacity to activate kundalini, sending the sisters into visionary bliss from their music alone.

Our modern medical treatment utilizes Hildegard's healing scale with the aid of tuning forks. The exacting pitch produced by each fork suggests the healthy frequency of the various tissues. The foot of the fork is placed on an acupuncture point, delivering an appropriate frequency to that meridian, in a kind of needleless acupuncture. Every session is tailored to the special needs of the client at that time.

Solfeggio tune-ups can relax and refresh anyone, but are particularly effective with respiratory, immunologic, emotional, sleep, and endocrine disorders.

Thank you very much Hildegard for your wonderful legacy!

Fee for a one-hour Solfeggio Tune-up is \$100.

Beverly Welbourne

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